

Nature Notes

Observing nature requires using all of your senses and patience, the ability to sit quietly and let nature come to you.

List the five senses you will need to use:

Find your favorite tree spot, sit quietly for awhile, and let nature enter your senses. A good place to choose is the very base of a tree, a rock or stone wall at the edge of a forest. The longer you sit, the more you will observe. List, describe or draw the things that you observed with each of your senses in the space below.

Think about what this place would be like without trees
What would change if suddenly every tree was gone?

